

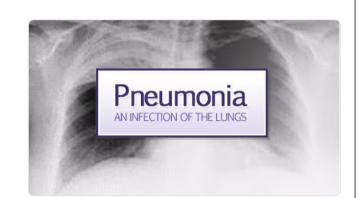
OCTOBER 7, 2024



# **About Pneumonia**

#### **KEY POINTS**

- Bacteria and viruses are common causes of pneumonia (a lung infection).
- Fungi and parasites are less common causes.
- Germs that commonly cause pneumonia in the community are different from those in healthcare settings.
- Clinicians aren't always able to find out which germ caused someone to get sick with pneumonia.



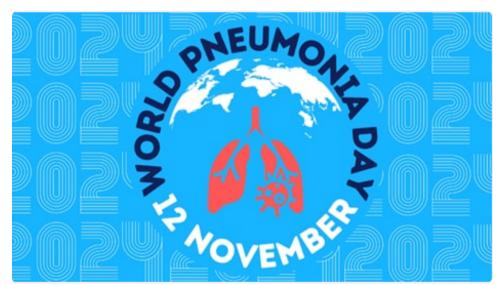
#### MORE INFORMATION

For Everyone

**Health Care Providers** 

## Overview

Pneumonia is an infection of the lungs. Many germs (bacteria, fungi, parasites, and viruses) can cause pneumonia.



World Pneumonia Day is November 12, 2024.

# Types

People in the community and people in healthcare settings may be exposed to different types of bacteria and viruses.

# Defining types of pneumonia

Community-acquired pneumonia is when someone develops pneumonia in the community (not in a hospital).

Healthcare-acquired pneumonia is when someone develops pneumonia during or following a stay in a healthcare setting.

Ventilator-associated pneumonia is when someone gets pneumonia after being on a ventilator, a machine that supports breathing.

# Symptoms

Common symptoms of pneumonia include:

- Chest pain when breathing or coughing
- Altered mental status (confusion)

- Cough
- Fatigue (feeling tired)
- Fever or chills
- Nausea, vomiting, or diarrhea
- Shortness of breath

## Who is at risk

Some people are at increased risk for pneumonia due to age, other health conditions, and certain behaviors.

#### **Keep Reading:**

Risk Factors

## Causes

### **Bacterial** infections

Bacterial infections that are common causes of community-acquired pneumonia include:

- Mycoplasma pneumoniae infection
- Pneumococcal disease

The following bacterial infections can cause pneumonia, but are less common causes:

- Chlamydia pneumoniae infection
- Haemophilus influenzae disease
- Legionella infection (Legionnaires' disease and Pontiac Fever)
- Pertussis (whooping cough)
- Psittacosis

## Fungal infections

In general, fungal infections are a less common cause of pneumonia.

#### **Keep Reading:**

**Fungal Diseases** 

### Viral infections

Viral infections that **commonly** cause pneumonia include

- <u>COVID-19</u>
- Human metapneumovirus (HMPV) infection
- Human parainfluenza virus (HPIV) infection
- Influenza (flu)
- Respiratory syncytial virus (RSV) infection
- Rhinovirus infection

The following viral infections can cause pneumonia, but are a **less common** cause:

- Adenovirus infection
- Chickenpox
- Measles

### Sometimes the cause of pneumonia is unknown



Healthcare providers are not always able to find out which germ caused someone to get sick with pneumonia.

# Prevention

Pneumonia affects millions of people worldwide each year.

People can lower their risk of pneumonia with immunizations and other healthy living practices.

### Keep Reading:

Prevention and Control

# Resources

**Healthcare-associated infections** 

SOURCES

#### CONTENT SOURCE:

National Center for Immunization and Respiratory Diseases